health shield
The best of health

Accepted accreditations and qualifications

This list will be reviewed on a regular basis. We can only cover claims for the treatments listed if they are included in your current Membership Plan.

Please make sure that the practitioner's qualifications, registration or membership are relevant to the treatment they are providing. It's essential to make sure you're getting the best care possible.

As of December 2025, this list is accurate. But to stay in the loop with any updates or changes, please visit healthshield.co.uk for the most up-to-date list.

Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homeopathy Benefit

Physiotherapy	HCPC	Health and Care Professions Council
	ISCP	The Irish Society of Chartered Physiotherapists
Chiropractic	CAI	Chiropractic Association of Ireland
	GCC	General Chiropractic Council
Osteopathy	CTA/CSTA	Craniosacral Therapy Association
	GOsC	General Osteopathic Council
	OCI	Osteopathic Council of Ireland
Acupuncture	AACP	Acupuncture Association of Chartered Physiotherapists
	AAC	Association of Acupuncture Clinicians
	ACI	Acupuncture Council of Ireland
	AFPA	Acupuncture Foundation Professional Association
	ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine
	BAcC	British Acupuncture Council
	BAWMA	British Academy of Western Medical Acupuncture
	BMAS	British Medical Acupuncture Society
	FTCMP	Federation of Traditional Chinese Medicine Practitioners
Homeopathy	FHom	Faculty of Homeopathy
	BHMA	British Homoeopathic Medical Association
	ISH	Irish Society of Homeopaths
	LCPH	Licentiate of the College of Practical Homeopathy
	MARH	Member of the Alliance of Registered Homeopaths
	RSHom	Licensed or Registered Member of the Society of Homeopaths

Chiropody Benefit

	FHP	Foot Health Practitioner
	HCPC	Health and Care Professions Council
	SCPI	Podiatry Ireland

Specialist Consultation and Scanning

	GMC	General Medical Council (as Specialist)
	MRCS/FRCS	Member or Fellow of the Royal College of Surgeons
	MRCP/FRCP	Member or Fellow of the Royal College of Physicians
Dyslexia and Dyspraxia	APC	SpLD Assessment Practising Certificate
	BDA	British Dyslexia Association
	PATOSS	Professional Association of Teachers of Students with Specific Learning Difficulties
		Dyslexia Guild
	BPS	British Psychological Society

Specialist Consultation and Scanning (continued)		
Speech Therapy	HCPC	Health and Care Professions Council
	RCSLT	Royal College of Speech and Language Therapist
	ASLTIP	Association of Speech and Language Therapists in Independent Practice
Health and Wellbeing Benefit		
Acupressure	ACI	Acupuncture Council of Ireland
	AFPA	Acupuncture Foundation Professional Association
	ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine
	BAcC	British Acupuncture Council
	BCMA	British Complementary Medicine Association
	BMAS	British Medical Acupuncture Society
	BRCP	British Register of Complementary Practitioner
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	MAcSAp	Acupressure Member of the Acupuncture Society
	VTCT	Vocational Training Charitable Trust
Allergy Testing and Food Intolerance Testing	BANT	British Association for Nutrition and Lifestyle Medicine
	BCMA	British Complementary Medicine Association
	BIAET	British Institute for Allergy and Environmental Therapy
	CNHC	Complementary and Natural Healthcare Council
	NNA	Naturopathic Nutrition Association
Aromatherapy Massage	CHP	Complementary Health Professionals
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	IFA	International Federation of Aromatherapists
	IFPA	International Federation of Professional Aromatherapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Bowen/Alexander Technique	BAUK	The Bowen Association UK
	BTAA	Bowen Therapy Academy of Australia
	BTPA	Bowen Therapy Professional Association
	CNHC	Complementary and Natural Healthcare Council
	ECBS	European College of Bowen Studies
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	STAT	Society of Teachers of the Alexander Technique
	VTCT	Vocational Training Charitable Trust
Chair Massage	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust

Health and Wellbeing Benefit (continued)

Colonic Hydrotherapy	ARCH	Association of Registered Colon Hydrotherapists
	CNHC	Complementary and Natural Healthcare Council
	GPACT	Global Professional Association for Colon Therapy
	I-ACT	International Association for Colon Hydrotherapy
	IPCH	Institute of Professional Colon Hydrotherapy
	RICTAT	International Register Of Integrative Colon Hydrotherapists And Trainers
Counselling including Cognitive Behavioural Therapy	BABCP	British Association for Behavioural and Cognitive Psychotherapies
	BACP	British Association for Counsellors and Psychotherapists
	BPS	British Psychological Society
	HCPC	Health and Care Professions Council
	UKCP	UK Council for Psychotherapy
Hopi Ear Candles	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Hot-stone Massage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapist
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Hypnotherapy	BSCH	British Society of Clinical Hypnosis
	BSCAH	British Society of Clinical and Academic Hypnosis
	CHPA	Clinical Hypnotherapy Professionals Association Ireland
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	GHR	General Hypnotherapy Register
	NCH	National Council for Hypnotherapy
	NHS	National Hypnotherapy Society
Indian Head Massage	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Kinesiology	CNHC	Complementary and Natural Healthcare Council
	KA	Kinesiology Association
	KAI	The Kinesiology Association of Ireland
	KF	Kinesiology Federation

Manual Lymphatic Drainage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapists
	ITEC	International Therapy Examination Council
	MLD Ireland	Manual Lymphatic Drainage Ireland
	MLD UK	Manual Lymphatic Drainage UK
	VTCT	Vocational Training Charitable Trust
Naturopathy	ANP	Association of Naturopathic Practitioners
	BNA	British Naturopathic Association
	CNHC	Complementary and Natural Healthcare Council
	GCRN	General Council and Register of Naturopaths
	NNA	Naturopathic Nutrition Association
Nutritional Therapy including Dieticians	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HCPC	Health and Care Professions Council
	INDI	Irish Nutrition and Dietetic Institute
	NNA	Naturopathic Nutrition Association
Reflexology	AoR/MAR	Association of Reflexologists
	BRA	British Reflexology Association
	CAR	Clincal Association of Reflexologists
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IFR	International Federation of Reflexologists
	IIHHT	International Institute of Health Holistic Therapists
	IIR	International Institute of Reflexology
	IRI	Irish Reflexologists' Institute
	ITEC	International Therapy Examination Council
	NRRI	National Register of Reflexologists (Ireland)
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Reiki	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	RASA	Reiki and Seichem Association
	RHATS	Reiki Healers and Teachers Society
	RM/RMT	Reiki Master/Reiki Master Teacher
	RSI	The Reiki School of Ireland
	UKRF	UK Reiki Federation
Shiatsu	CNHC	Complementary and Natural Healthcare Council
	IIHHT	International Institute of Health Holistic Therapists
	MrSS	Member of the Shiatsu Society
	SSI	Shiatsu Society Ireland
	IMTA	Irish Massage Therapists Association

Health and Wellbeing Benefit (continued)

Sports/Remedial/Deep Tissue and Pre-natal Massages including Sports Therapy	BASRaT	British Association of Sport Rehabilitators
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HND	Higher National Diploma
	IIHHT	International Institute of Health Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ISRM	Institute for Soft Tissue Therapists
	ITEC	International Therapy Examination Council
	LCSP	London and Country Society of Physiologists
	LSSM	London School of Sports Massage
	MTI	Massage Training Institute
	NAMMT	National Association of Massage and Manipulative Therapists
	SMA	Sports Massage Association
	SMTO	Scottish Massage Therapists Organisation
	SST	Society of Sports Therapists
	STA	Sports Therapy Association
	STO	Sports Therapy Organisation
	VTCT	Vocational Training Charitable Trust
Swedish Massage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Fitness Benefit (£100 Prestige Members)	BASRaT	British Association of Sport Rehabilitators
	REPS	Register of Exercise Professionals
	REPS Ireland	Register of Exercise Professionals